

8 ways

TO HEAR NO GRACEFULLY

I appreciate

KNOWING WHERE

your boundary is.

NO PROBLEM!

THANK YOU

for

TAKING CARE

of yourself.

I'm not hearing a clear yes, so
I'LL TAKE THAT AS A NO.

I'm bummed to hear that, but
I'm grateful that I can
trust you to say it.

**AWE
SOME**

Sounds good!

DO YOU WANT ME TO

ask again later?

I still



you.